



2022

TRAUMA CONFERENCE

**INTERNATIONAL JOURNAL OF NEUROLINGUISTICS &
GESTALT PSYCHOLOGY**

We are thrilled to share with you the Conference Report of the 2nd Annual International Conference on Trauma and Healing, which was the latest milestone in a series of Conferences held by the International Journal of Neurolinguistics & Gestalt Psychology.

The theme of the Conference this year was:

Trauma Healing, Transformation and Transcendence

A 1-day event hosted on a virtual platform (Zoom) from 6 PM IST to 12 AM IST on the subjects of Trauma, Healing, Research, Neurolinguistics and Gestalt Psychology.

The Conference recorded a sustained attendance of about 100+ delegates, including students, professionals and guests from various fields and professions from 7+ Different Countries and Cities across the Globe to address topics beyond (PTS) and explore the realms of human struggle, complicated coping mechanisms, addictions, losses, grief and death.



This year the Conference was kicked off by the Welcome Note of the Chief Research Mentor of the International Journal of Neurolinguistics & Gestalt Psychology (IJNGP); who set the tone for the event by touching upon the emergent issues that the Impact of Trauma causes in all aspects of our lives and the need to raise awareness on this subject and represent a societal challenge.



ELAINE MILLER-KARAS
Co-Founder and Director of
the Trauma Resource Institute

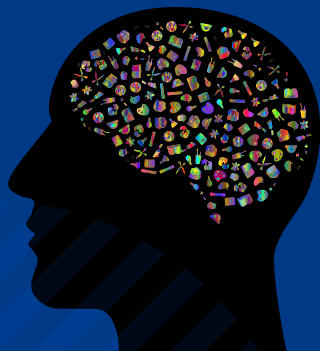
MARINA ANCHEVSKA
Co-Developer and Co-
Author of Systemic NLP

MICHAEL HALL
Internationally Recognized
NLP Master Trainer

NORA BATESON
President of the International
Bateson Institute

JUDITH DELOZIER
A visionary leader in NLP and
Neuro-Semantics

The Objectives of the Conference were:



- To provide a knowledge-sharing platform for students, professionals, HRs, and Research Aspirants from all walks of life.
- To discuss tools and resources to heal and treat trauma.
- To inspire dialogue for more such conversations on the impact of trauma and mental health.
- To explore and discover the latest trauma research-based tools on various modalities.
- To interact with world-renowned trauma presenters presenting live streams to apply within one's field of work and study.
- To narrow the focus on arising matters such as this and emerging challenges faced and to document actionable solutions.



SESSION 1 - ON “READY-ING: NOURISHING THE REALMS OF POSSIBILITY”

Kicking off the Conference **Nora Bateson**, an award-winning filmmaker, writer and educator, and President of the International Bateson Institute based in Sweden gave insights into emerging and ongoing trends of interconnectedness.

SESSION 2 - ON “TRAUMA HEALING”

Marina Anchevska, an Internationally Certified NLP Master Trainer, Master Systemic Business and a Life-Changing Personal Coach, provided a comprehensive presentation anchored, on the importance of 'knowing one's role in a systemic organisation.

SESSION 3 - ON “THE COMMUNITY RESILIENCY MODEL, BUILDING INDIVIDUAL AND COMMUNITY WELL-BEING”

Elaine Miller-Karas, LCSW Co-founder and the Director of Innovation of the Trauma Resource Institute, focused on the Biological Model and set the scene on the Adverse Childhood Experiences and Post-traumatic Resiliency Common Reactions.

SESSION 4 - ON “META THERAPY”

Michael Hall, PhD, a visionary leader in the field of NLP and Neuro-Semantics, an entrepreneur and an international trainer, shed light on Meta therapy from an NLP perspective and the difference between context and content in Therapy.

SESSION 5 - ON TRAUMA AND NLP

Judith DeLozier, a co-author of Neuro-Linguistic Programming Vol. I (1980), with Robert Dilts, John Grinder and Richard Bandler, helped to identify some of the obstacles in life, to be conscious of their presence and welcome them.

The Interactive-Participant Breakout Sessions facilitated by Judith DeLozier marked the closure of the 2nd Annual International Trauma Conference.



Anil Thomas wrapped up the event by highlighting the announcement of the next in-person Research Paper Presentation Conference held on 26th February 2023.

Therefore, in the summary of the Conference Insights, each of our Trauma Presenters encouraged the discussion and addressed the plenary by, inviting everyone to reflect on the different aspects of trauma, experiences and emotions and the need to explore the tools and resources that will further improve the quality of our lives, to support, connect and be compassionate to the foundations of safety and unleash new and far-reaching ideas.

Attached is a QR code for glimpses of the Conference.

